

Hynes Recovery Services and the F.R.E.E.D. Foundation are honored to have the organizations listed below as supporters of this event. Due to their generous support, we will be able to provide much needed financial assistance to college students in need of treatment.



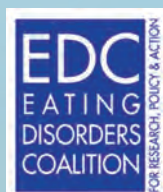
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"Nothing can dim the light
that shines from within."
– Maya Angelou

University Eating Disorder Awareness Walk

Sunday, **May 4th, 2014** at Nickerson Field (BU)

10:30am - 12pm

(Registration is from 9:30am-10:30am)

Event will proceed, rain or shine.



Walk MC: **Candy O'Terry**
co-host of MAGIC 106.7's
Magic in the Mornings and
President of *Boston Women
in Media and Entertainment*



Please join us in Boston for the first annual University Awareness Walk! This event will bring together not just the Boston area community, but also colleges and universities from all over New England to shine a light on the significant number of students that are struggling with body image and/or eating concerns.

Whether you will be in-person at our walk, or with us in spirit as a “virtual walker,” we hope you join us and help to make a difference in the life of a college student in need of support.

“Although college is a time of great opportunity, it can lead to feelings of vulnerability as students are faced with new social and academic challenges. It’s important to create the space for students to discuss these issues openly and work together to reduce the stigma that eating disorders often carry with them, giving students the courage and strength to reach out.”

– Dawn Hynes, MSW, Founder of Hynes Recovery Services and Event Co-Chair

FACT: More than 25 percent of students say they “need to be very thin in order to feel good about themselves.”

FACT: 15 percent of all undergrads screen positive for an eating disorder.

FACT: More than one-third of students who screen positive for an eating disorder also screen positive for depression and/or anxiety.

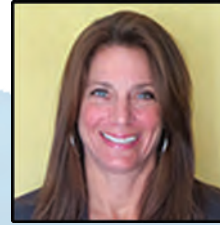
(Healthy Minds Study, 2013)



Speakers:

“The FREED Foundation is excited to be partnering with HRS to not just shine a light on this issue, but also to raise much needed funds for college students seeking treatment.”

Gail Schoenbach, FREED Foundation



“Events like this walk help those who are struggling with eating disorders see that they are not alone, that the community is there to support them in finding the appropriate resources.”

Dr. Kim Dennis, Timberline Knolls



“Eating disorders (EDs) can be deadly. That is why this event is so vital—I see this Walk as a matter of life and death: yours or someone you love.”

Doris Smeltzer, Andrea’s Voice Foundation



“I believe in this event because I know the power of like-minded people coming together to share truth and to stand for freedom. We draw strength from each other by participating in events like this one, and leave more equipped to return to our communities with a passion and a mission to effect the change we long for.”

Constance Rhodes, FINDINGbalance
Ms. Rhodes will be singing her recovery song, “More Than A Number”.



Art Exhibit: iaedp’s Imagine Me Beyond What You See



“Imagine Me Beyond What You See” is an art exhibit designed to promote a healthy awareness and acceptance of body image through the use of decorated mannequins.



To learn more about this event, and/or register as a walker, please visit the following link:
www.walktowardrecovery.com



Money raised during this event will be provided to college students in need of treatment support. In addition, donations from the walk will be made to **Boston Children’s Hospital Female Athlete Program** and the **Eating Disorders Coalition**. For more information on this event, or to learn about walk sponsorship opportunities, please contact Dawn Hynes, Event Co-Chair at:
Dawn@hynesrecovery.com