

1st Annual University Eating Disorder Awareness Walk Held at Boston University's Nickerson Field, Emceed by Magic 1067's Candy O'Terry
May 4, 2014 | 10:30am – 12:00pm

Boston – (March 10, 2014) – [Hynes Recovery Services](#), Premier Sponsor [Timberline Knolls Residential Treatment Center](#), and co-sponsor the [F.R.E.E.D. Foundation](#) (For Recovery & Elimination of Eating Disorders), announce the **1st Annual University Eating Disorder Awareness Walk**, [WalkTowardRecovery](#), 10:30 a.m. – 12:00 p.m. on Sunday, May 4, 2014 (rain or shine) at **Boston University's Nickerson Field**. (Registration begins at 9:30 a.m.). The walk will shed light on the often-ignored issues that college students face, such as poor body image, eating disorders and co-occurring depression.

"Although college is a time of great opportunity, it can often lead to feelings of vulnerability as students are faced with new social and academic challenges," said **Dawn Hynes, MSW, founder of Hynes Recovery Services**. "The resulting insecurities can produce increased levels of stress – a precursor to unhealthy thoughts and behaviors. It's important for us to create the space for students to discuss these issues openly and work together to reduce the stigma that eating disorders often carry with them, so that those needing the support can find the courage and strength to reach out."

Featured speakers at the event include:

- [Gail Schoenbach](#), Executive Director of the **F.R.E.E.D. Foundation**
- [Dr. Kim Dennis](#), CEO and Medical Director at **Timberline Knolls**
- [Doris Smeltzer](#) from [Andrea's Voice Foundation](#)
- [Constance Rhodes](#) from [FINDINGbalance](#), who will also perform her song "More Than a Number"

The event will also feature a special art exhibit from the [International Association of Eating Disorder Professionals](#) (iadep) titled "Imagine Me Beyond What You See." In addition, we will have musical performances by [Element 78](#).

There is a walk registration fee of \$10. Monies raised will help fund treatment scholarships for college students struggling with eating disorders. To register or learn more about "WalktowardRecovery", visit www.walktowardrecovery.com.

For more information about **Hynes Recovery Services**, [click here](#). For more information on event co-sponsor **F.R.E.E.D. Foundation**, [click here](#). And for more information on **Timberline Knolls**, [click here](#).

Press Inquiries

Interviews & High Resolution Images

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Venue Information

Boston University's
Nickerson Field
285 Babcock Street
Boston, MA 02215

Event Information

Walktowardsrecovery.com

May 4, 2014 | 10:30a-12p

[Register to walk!](#)

**For more information on
Hynes Recovery Services:**

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